



**Early Ages
Healthy Stages™**
Growing healthy kids right from the start.

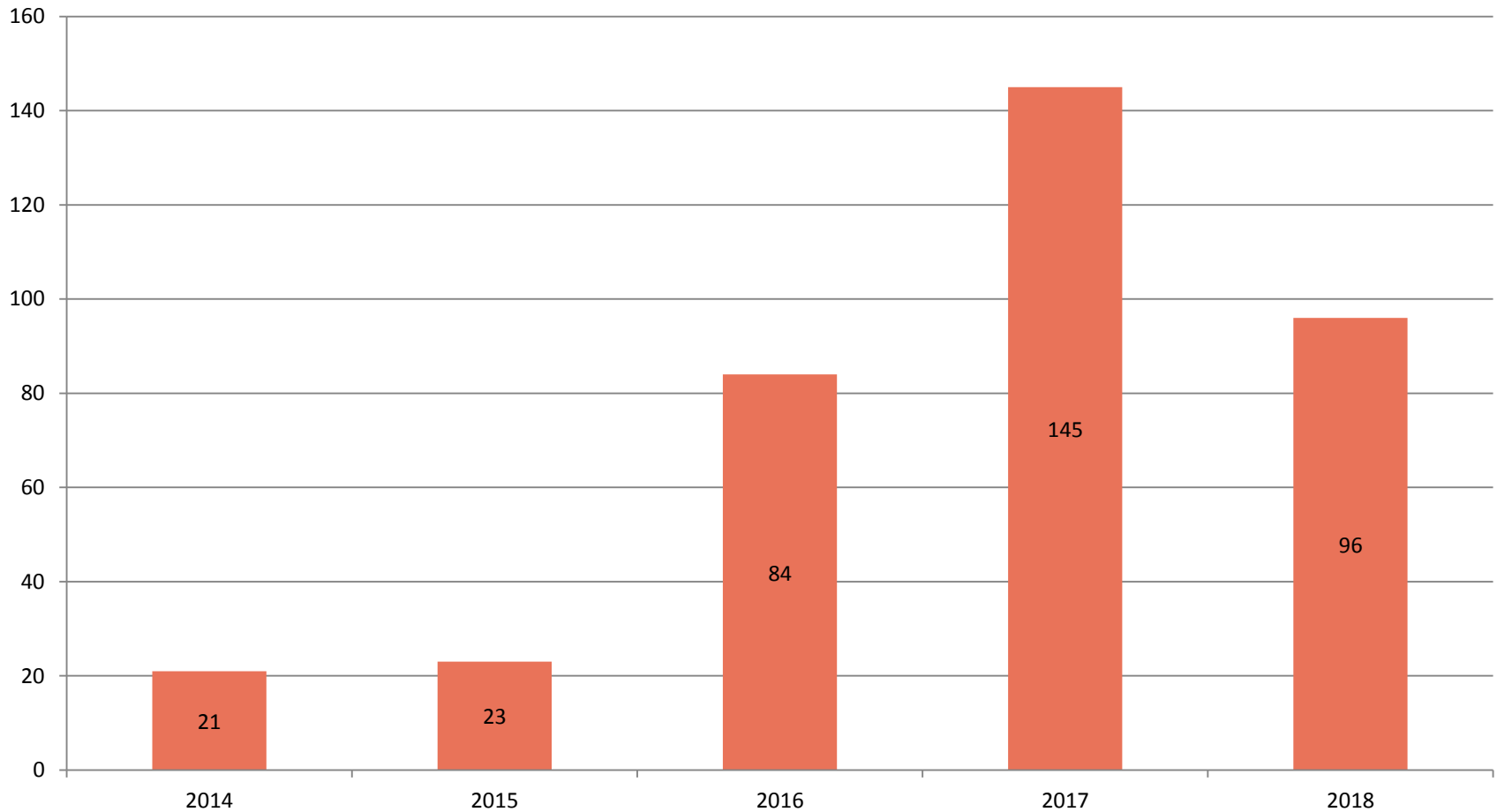


Ohio Healthy Program – Implementation Outcomes

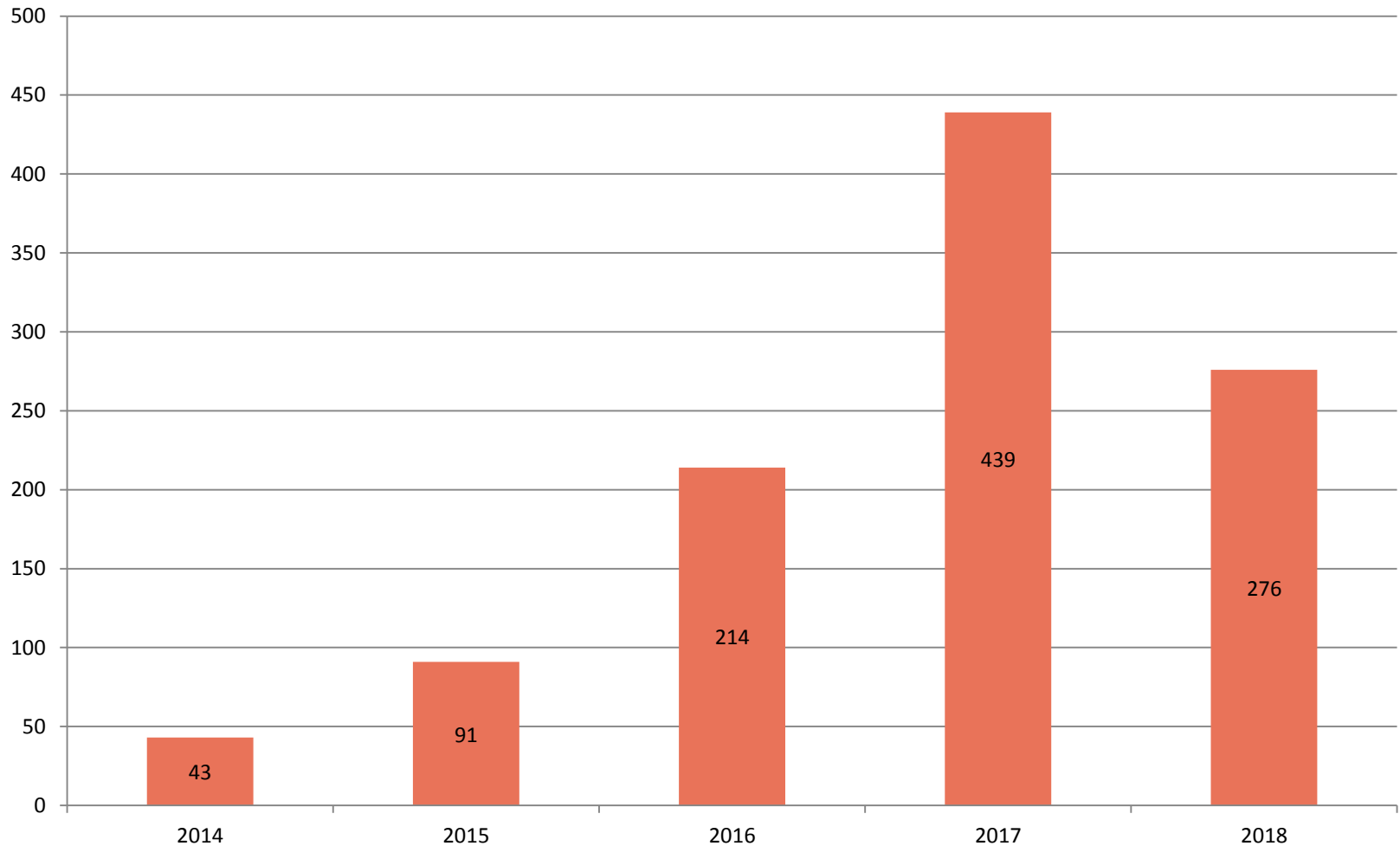
Cuyahoga County
2014-2018

Ohio Healthy Program Training Outcomes

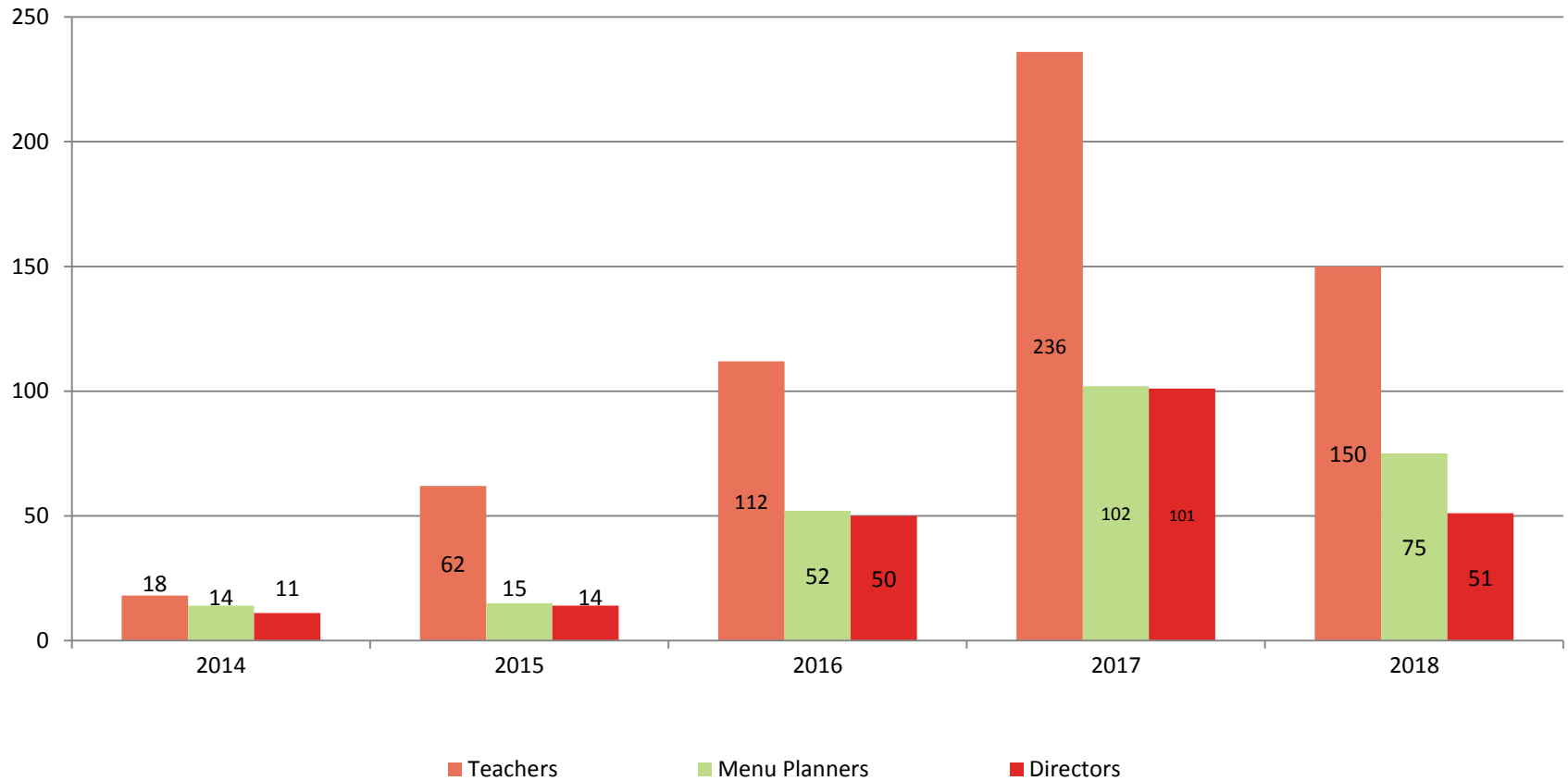
Total # of Agencies Trained



Total # of Individuals Trained



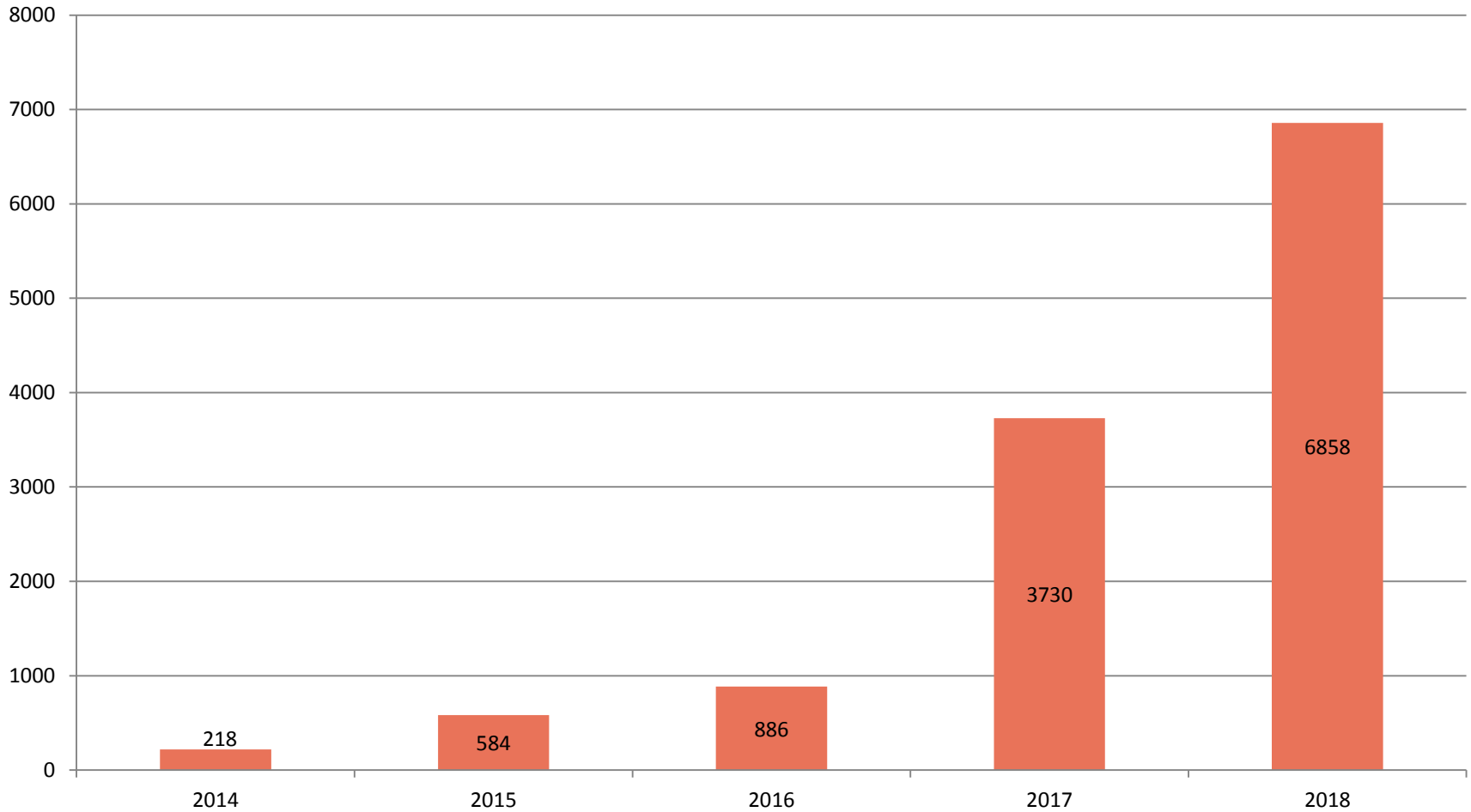
Trained by Role



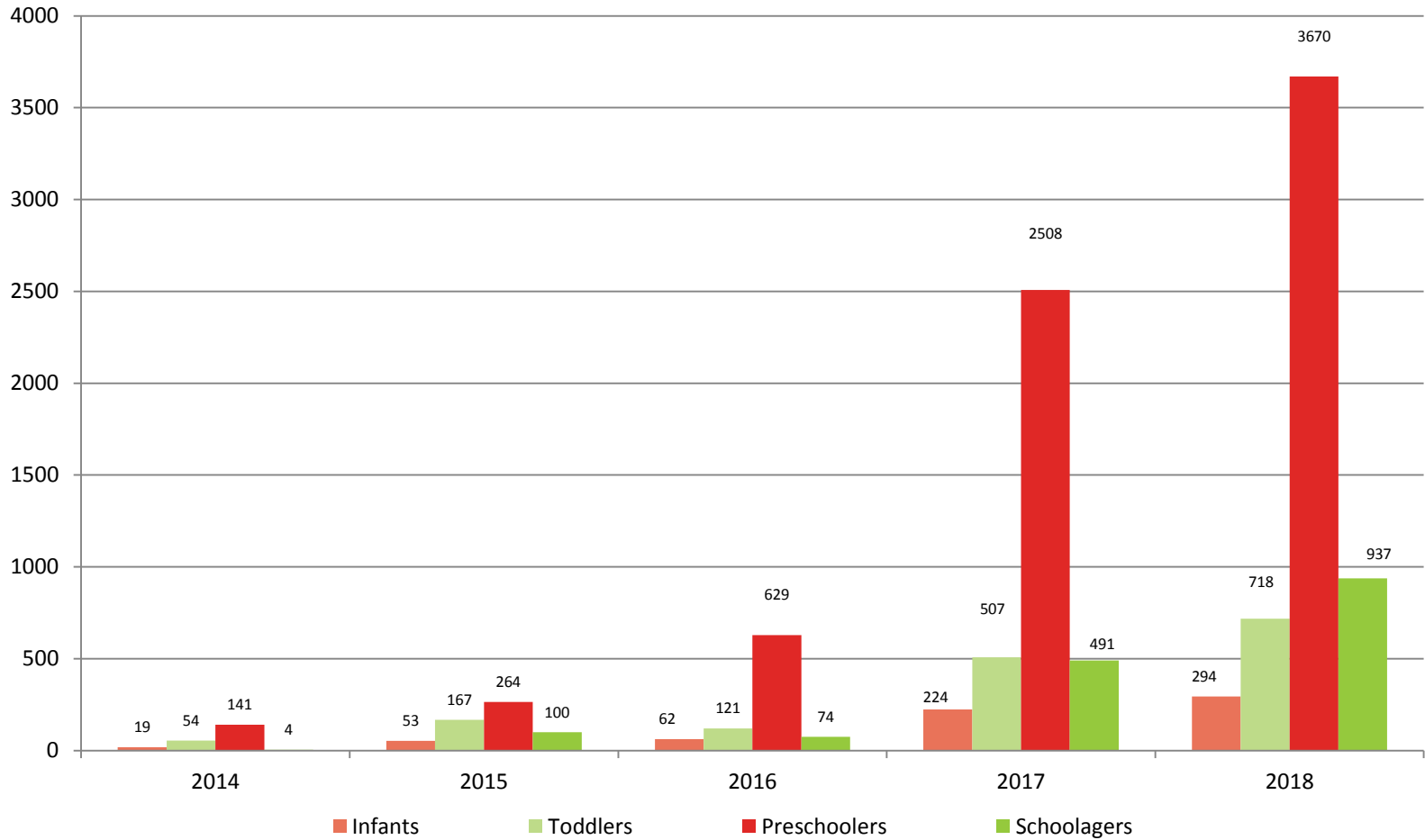
Ohio Healthy Program Technical Assistance Outcomes

Program Reach

Total # of Children Reached

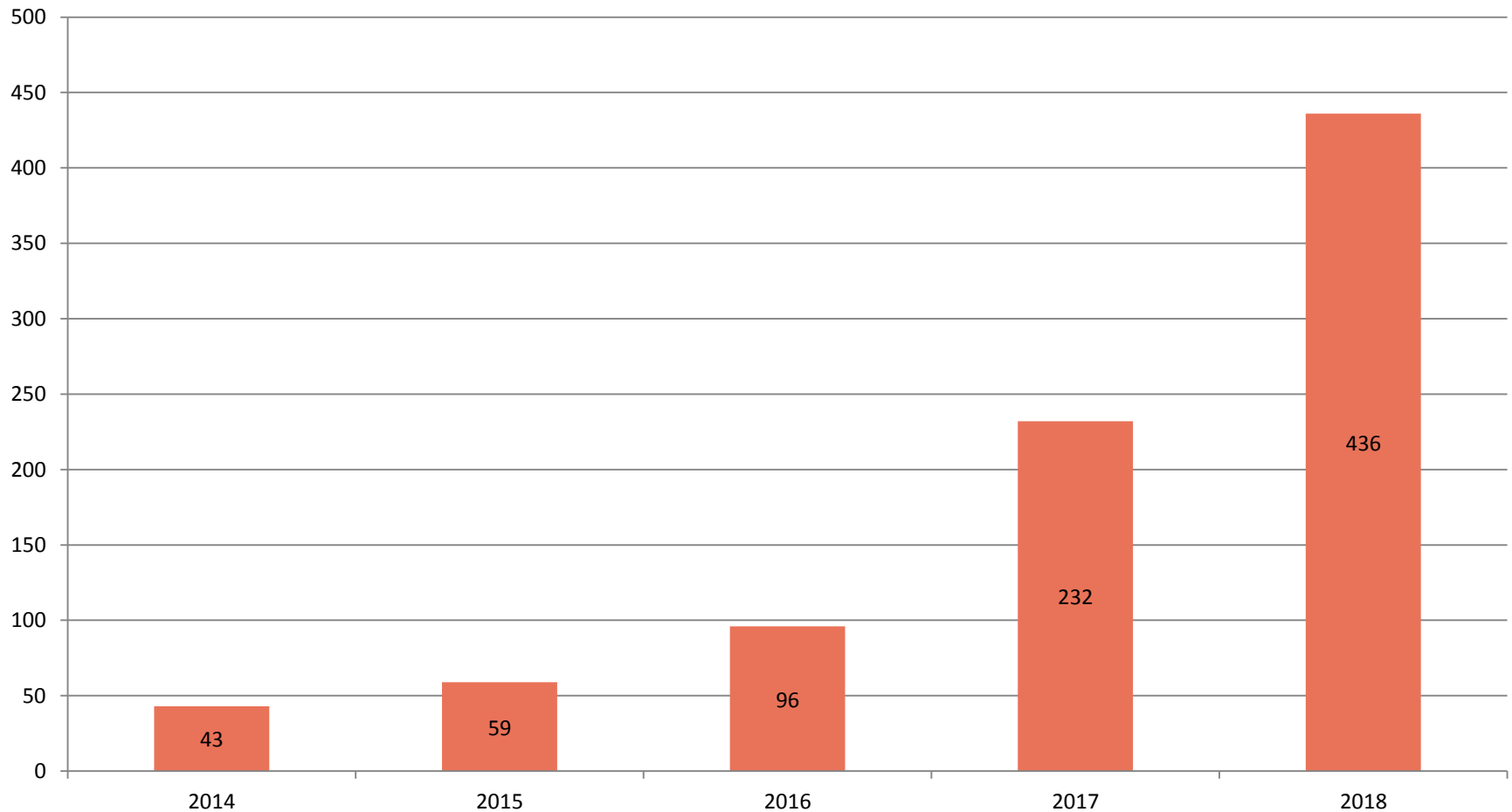


Total # of Children Reached by Age Group

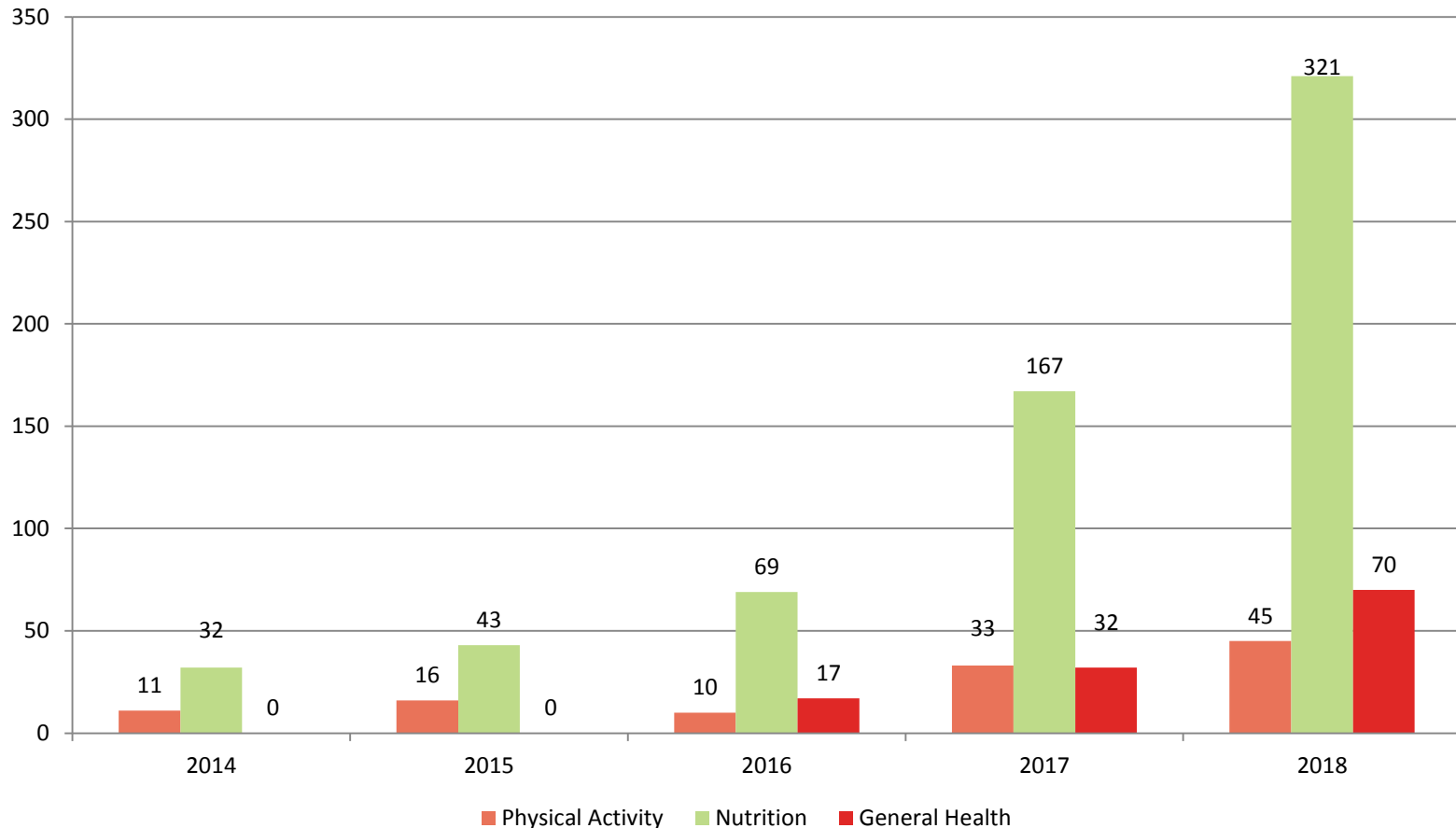


Policy, Menu, and Family Engagement Outcomes

Total # of Policies Adopted

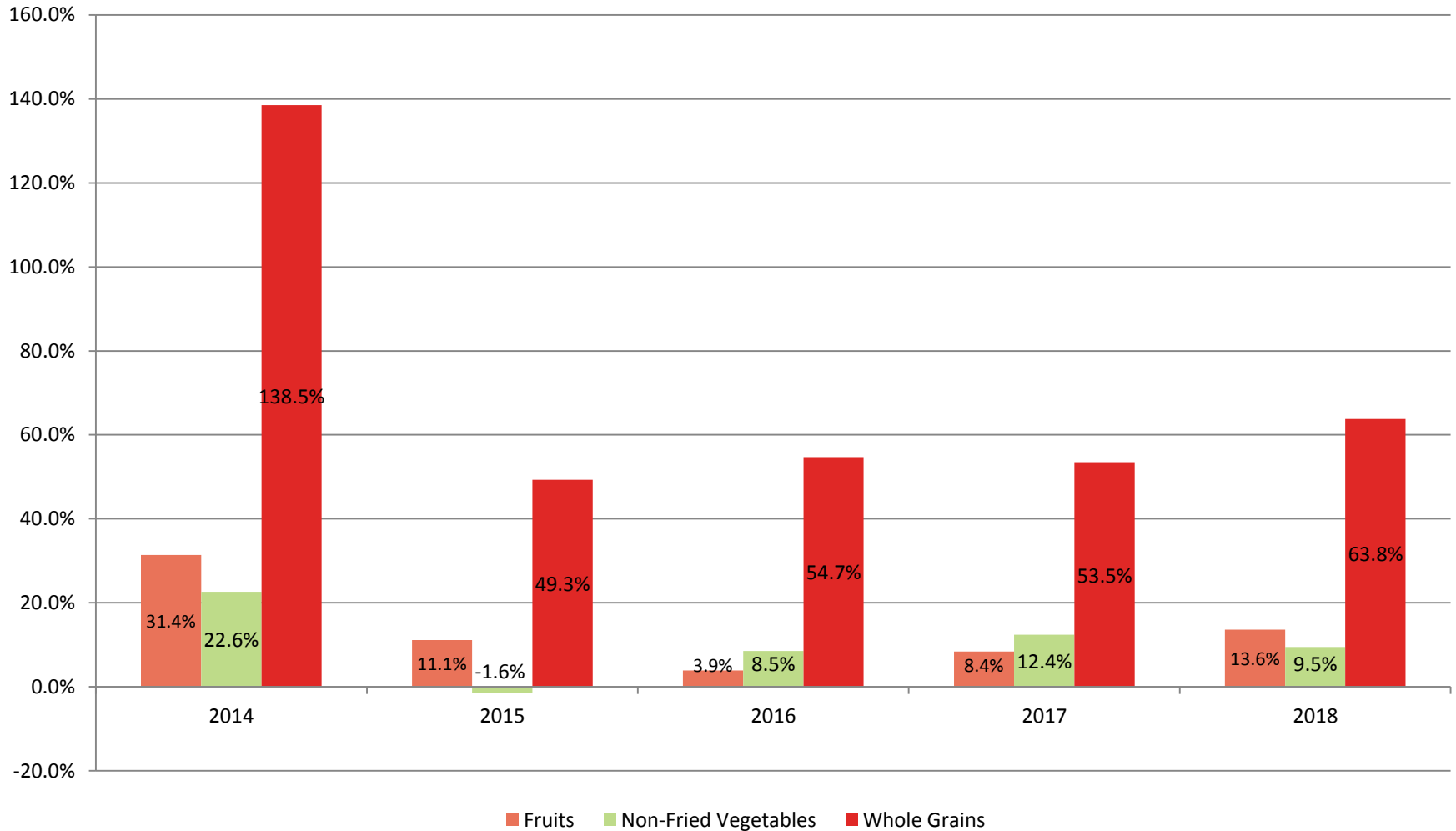


of Policies Adopted by Topic Area

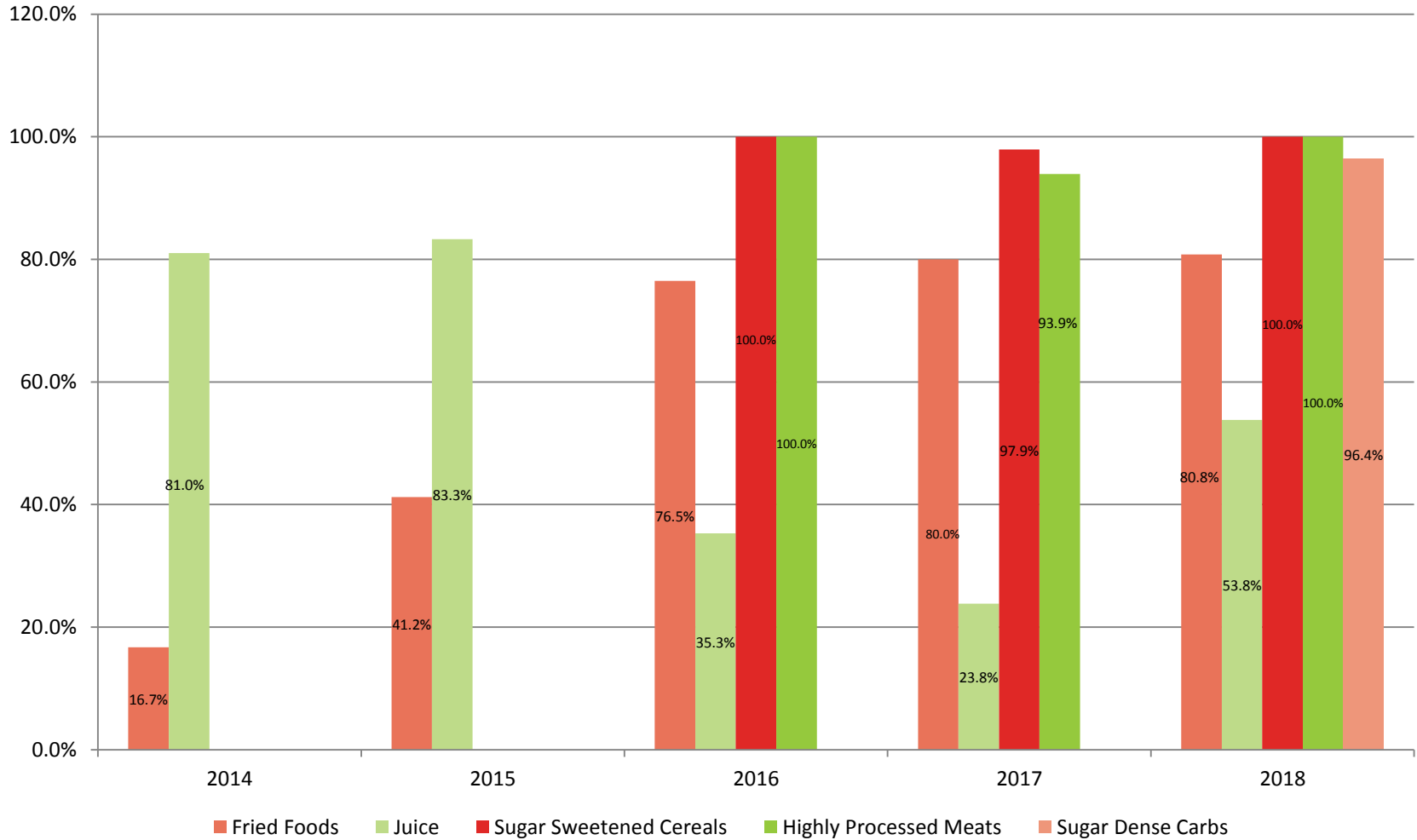


- *Physical Activity policies address age appropriate physical activity time and limiting screen time*
- *Nutrition policies address infant feeding, healthy menus, healthy celebrations, and healthy beverages*
 - *General Health policies address healthy modeling, healthy body image, and healthy families*

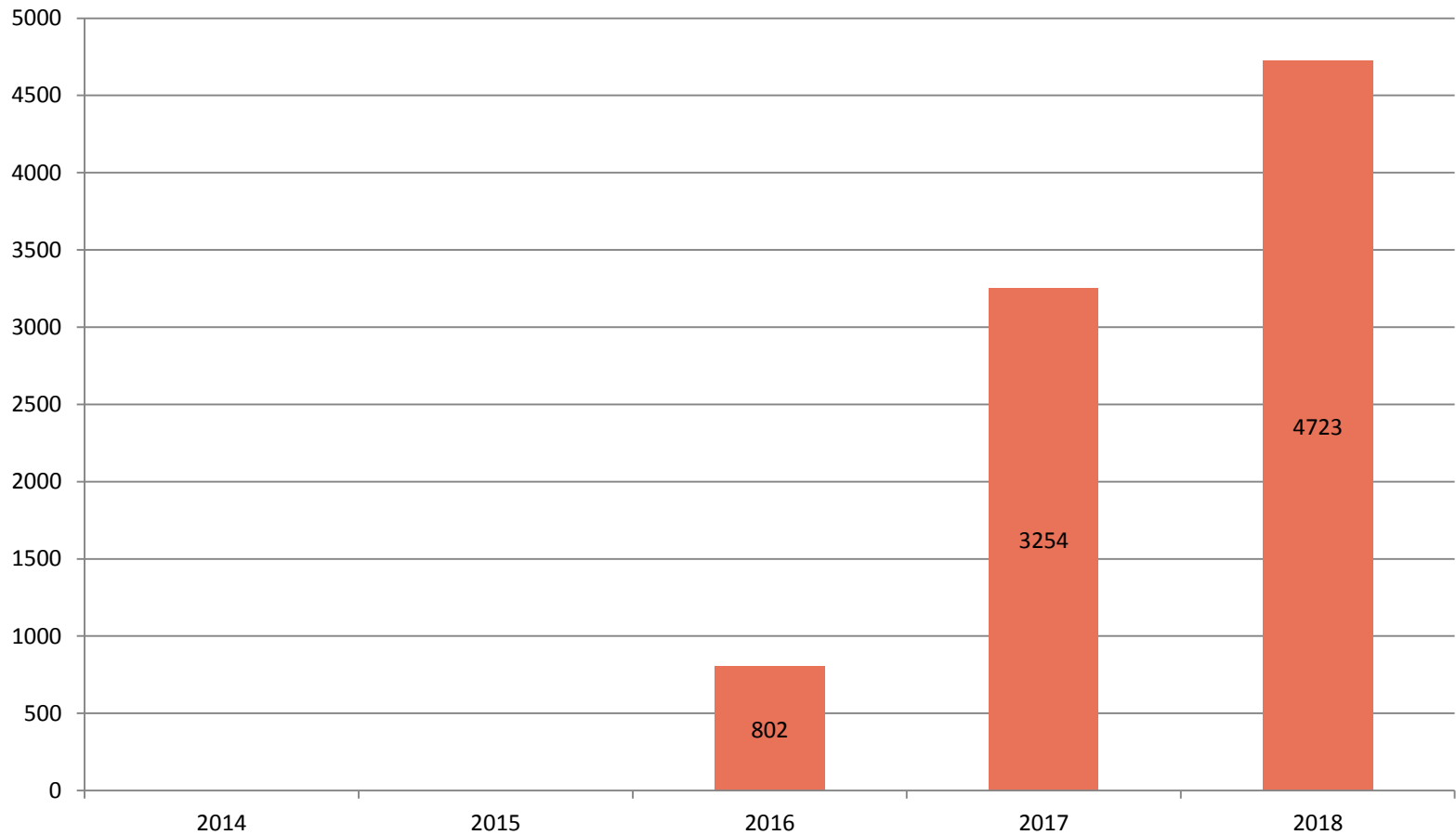
% INCREASE in Healthy Foods Offered



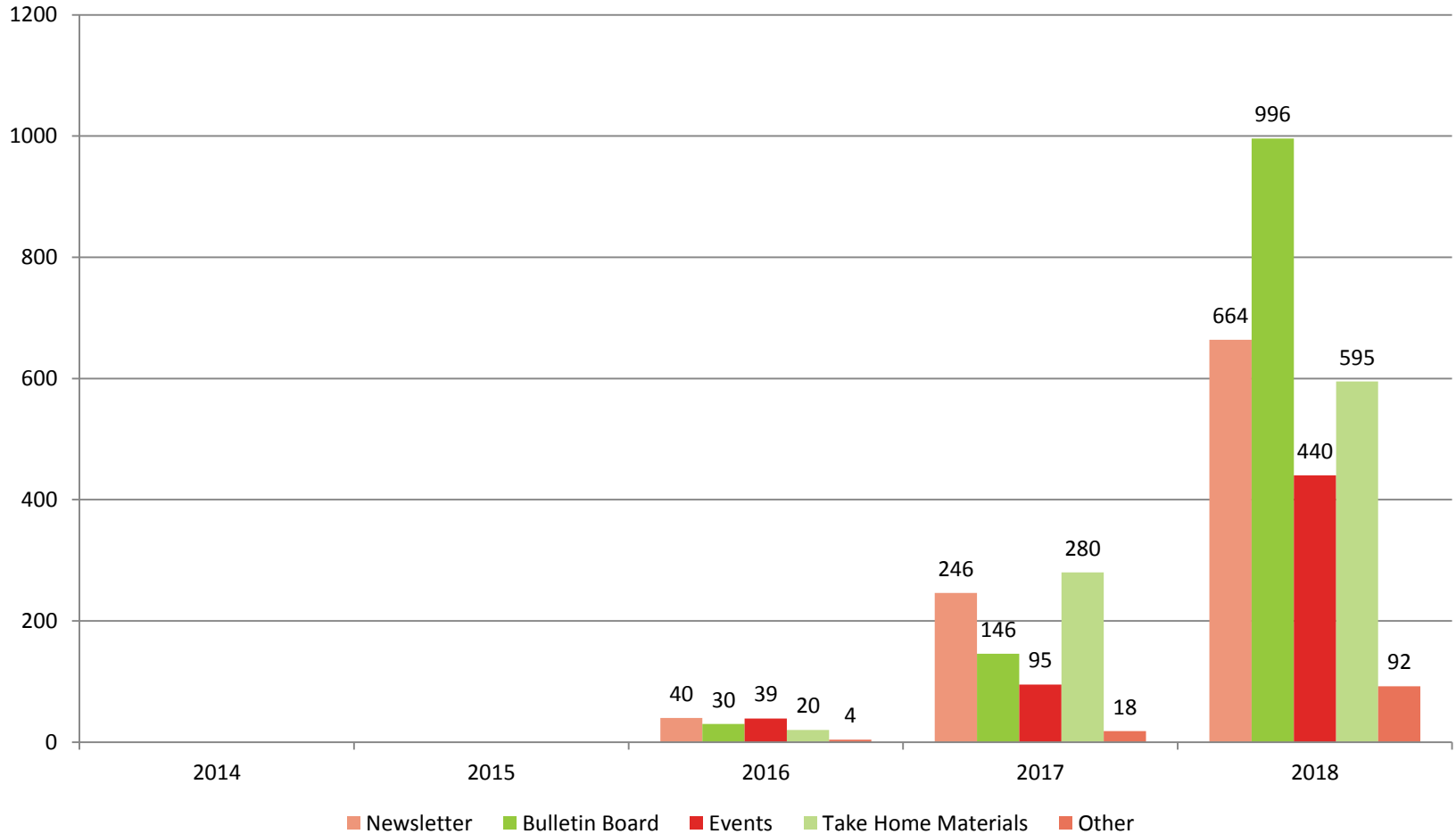
% DECREASE in Unhealthy Foods Offered



Total # of Families Reached

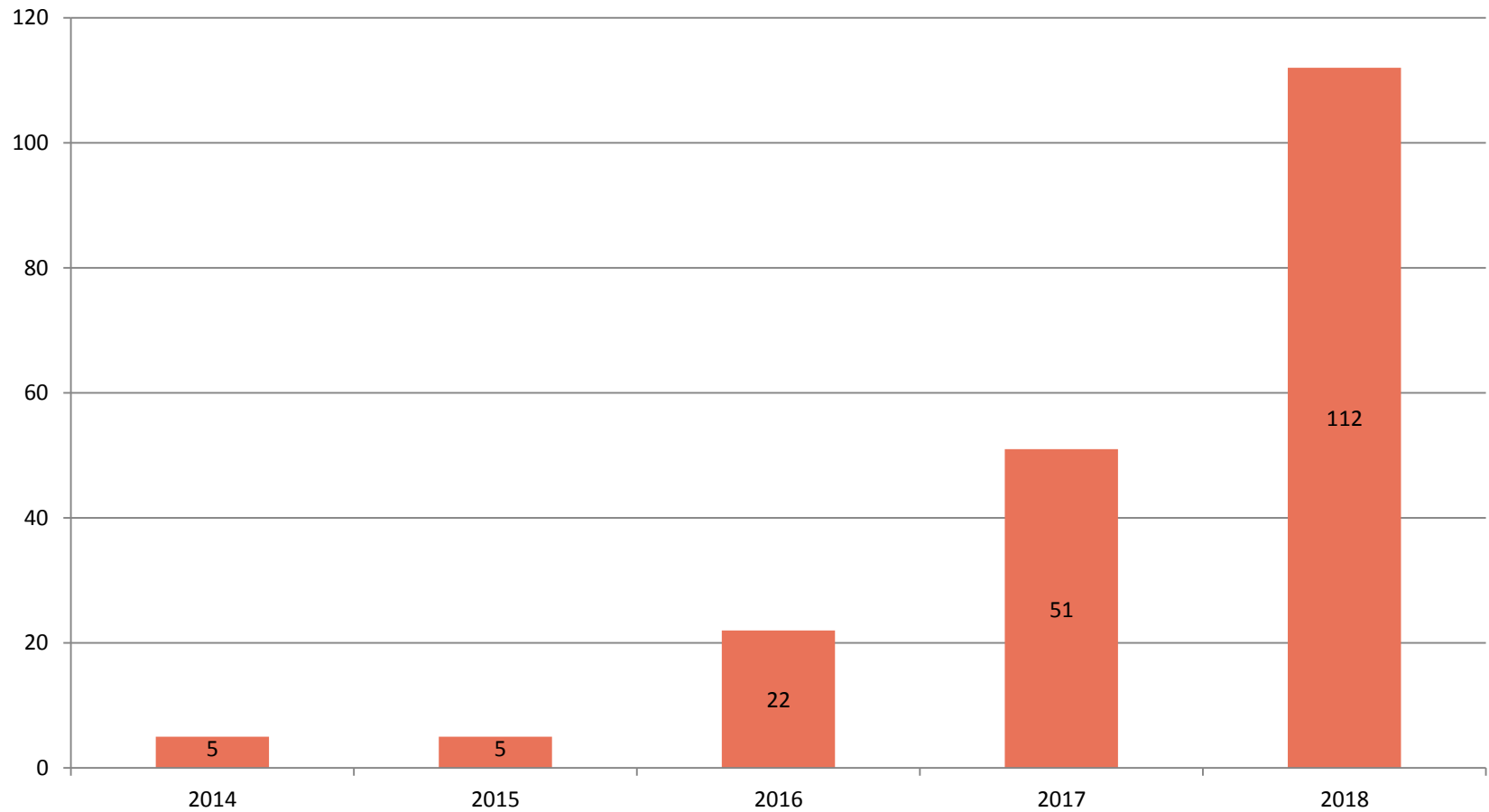


Family Engagement Activity by Type

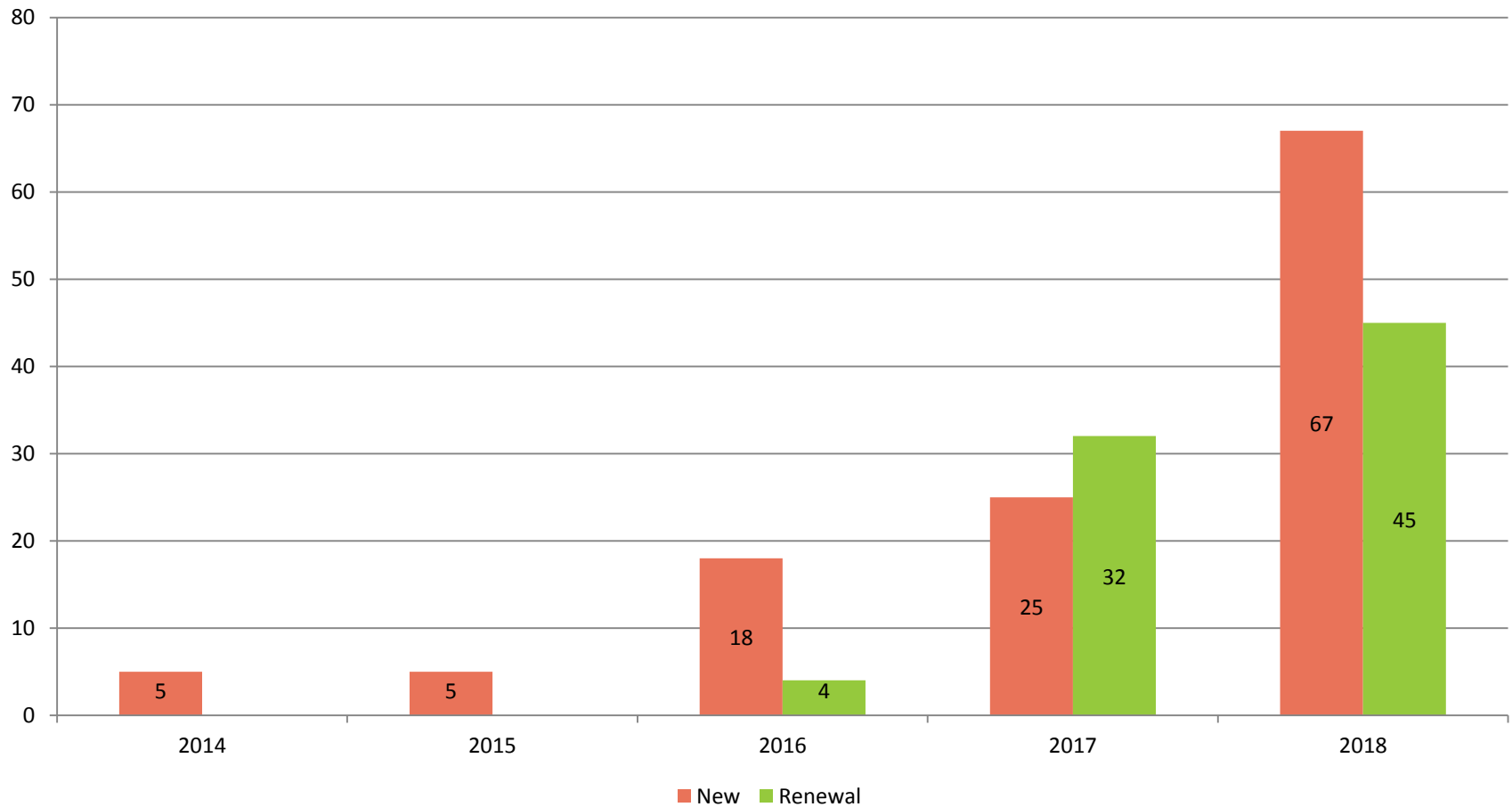


Ohio Healthy Program Designation

of OHP Designation Achieved



OHP Designation by Type



\$45,750.00

in incentives provided directly to early care and education programs that have gone above and beyond minimum licensing requirements for nutrition and physical activity