



Early Ages Healthy Stages Coalition November Meeting Minutes

Date: November 17, 2017

Time: 9:00 am- 11:00 am

Location: The Greater Cleveland Food Bank

I. Introduction and Member Updates	
Discussion Points	<ul style="list-style-type: none"> • Ohio Healthy Programs trainings are underway. Camille will be winding down training in December as Theresa Henderson will take over training for UPK sites in December and January. • Please visit our website for our updated Mission, Vision, and Values! • Camille, Alison and Dan Cohn (Mt. Sinai) had the opportunity to connect with Brook Belay, obesity prevention director at the CDC. We shared updates about our training and coalition work. Brook has expertise in working on access to health care to improve obesity rates. He was particularly interested in the connections between Cleveland Clinic mobile units and CEOGC head start, as well as the environmental changes resulting from Ohio Healthy Programs. • Jodi Mitchell (Nestle) connected us with Dr. Economos at Tufts University. Dr. Economos is an expert in evaluating coalitions and community-level strategies for change. Tufts is interested in working with EAHS to evaluate how information flows from our coalition to children and families. We are excited to learn more about this innovative approach to evaluation that will compliment and not compete with our goals and objectives.
Conclusion/Actions	<ul style="list-style-type: none"> • Feel free to download and share the EAHS strategic plan with your partners and other agencies!

II. EAHS Member Presentation: The Greater Cleveland Food Bank
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<p>Discussion Points</p>	<ul style="list-style-type: none"> • The goals of The Greater Cleveland Food Bank include providing nutritious meals to children, seniors, and those within 200% of poverty in the Greater Cleveland area. • 1/5 of children in Cuyahoga County are food insecure. • Programs that the Food Bank offers to combat food insecurity include: <ul style="list-style-type: none"> ○ Backpacks for Kids: Children in food insecure school districts receive a non-descript backpack full of healthy foods to make sure that they have food to eat over the weekend. ○ Kids Café: sites at libraries and afterschool programs, where families can pick up a 5 lb bag of produce once per week. ○ Summer Feeding: Provides breakfast at lunch for children and their families at schools and other community sites over the summer. ○ School markets: Monthly drop of 2-4 thousand pounds of produce and other goods at schools and ECE sites. Cheryl Johnson (Education with Imagination) has been holding this program at her ECE facility for over a year now! There are 9 ECE sites for school markets, and Laurie Leverette (Food Bank) is looking to expand this network within her funding and capacity limitations.
<p>Conclusion/Actions</p>	<ul style="list-style-type: none"> • There may be opportunities for EAHS to support the Greater Cleveland Food Bank on surveys on how food security resources improve early childhood wellness. • If any organizations or sites are interested, the Food Bank is always in need of volunteers!

<p>III. Nemours Presentation and Funding Announcement</p>	
<p>Discussion Points</p>	<ul style="list-style-type: none"> • The Nemours foundation, a national foundation that is focused on improving early childhood outcomes will be providing \$100,000 for one year of funding to Ohio and Cuyahoga County EAHS. • The funding will allow us to support the continuation of Ohio Healthy Programs specific to family child care home providers. CCBH will be responsible for training 30 new home providers in Cuyahoga County, as well as providing technical assistance and incentives. Children’s Hunger Alliance will do the same for providers throughout Ohio. • The funding will also support the re-designation of currently designated OHP home providers. • We often hear that many of the training and technical assistance programs are created with center-based care in mind and don’t always fit the needs of family child care providers. This funding will allow us to learn more about the specific needs and interests of home providers, so that we might better serve you through Ohio Healthy Programs. • In addition to the training and technical assistance, Alison will serve on the Nemours national learning committee and report back to EAHS.

Conclusion/Actions	<ul style="list-style-type: none"> • N/A
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IV. EAHS Coalition Updates and Action Planning for 2018

Discussion Points	<ul style="list-style-type: none"> • Now that our Strategic Plan is completed, it's time to get to work! Remember that Dreams+Actions=Reality and that you accomplish more together than you can alone! • Our action plans will take place from year to year and allow us to hold ourselves accountable for meeting our objectives.
Conclusion/Actions	<ul style="list-style-type: none"> • Coalition members formed 4 work groups to create action plans for each of the priorities. Based on ideas from our October meeting, we will be pulling Family Engagement out as a separate objective. Instead we will make sure that each of the other 4 action plans has a family engagement component. This way, we will make sure that all of the work that we do from now on is reaching families where they are. Action planning ideas included: <ul style="list-style-type: none"> ○ Physical Activity: Coordinate with Cuyahoga County Public Library, other libraries, and kids organizations to promote National Screen Free Week and National Children's Book week on a larger scale. Disseminate information for National Screen Free Week and other handouts from EAHS agencies to be used by all an spread on social media. Modify HIP-Cuyahoga Shared use tool kit based on focus group findings. Combine this with Screen Free Week materials so that shared use site can participate as well. Look into small grants that can be used to improve play spaces. EAHS can help with grant writing. ○ Health Care: Recruit student practicum and Capstone support to research and connect with local clinics that provide patient navigator services. Make recommendations on ways to improve patient navigator programs for early childhood based on focus group findings and key informant interviews. Make sure to connect with all groups that have an impact on health care and access (housing, Medicaid managed care, pediatricians, health care admin, families, community health workers). CEOGC has resident observation going on currently with Cleveland Clinic. Connect with residents (maybe a short survey) to learn about their observations during those visits. Develop a Quality Improvement project for mobile units by supporting in adapting forms and processes to get more families engaged. ○ Healthy Foods: Get involved with programs that are already in place to connect early care and education provider to food access services, like Perfectly Imperfect Produce. Find ways to create surveys or collect feedback to see how these programs work in the ECE setting. Connect home providers and the families that they serve with CSAs. Create or collect existing recipe cards to

	<p>go along with the food that is served. Create template cards so that ECE providers can share the recipes that they use for the children with families. Connect ECE providers to Summer Sprouts to improve opportunities for gardening and access to gardens. Develop a toolkit that teaches ECE providers how to use CACFP reimbursement for gardening supplies. Create information sheets to show how ECE providers can get reimbursed when parents breastfeed on-site.</p> <ul style="list-style-type: none"> ○ Social Emotional: Modify a strength-based questionnaire for families to use to understand where they are when it comes to supporting social emotional development. Gather materials that exist already that parents can use as an outcome of the questionnaire. Make sure that all materials are condensed into easy to understand language and that they are actionable. Use existing materials for a social marketing campaign for social emotional health. Use “buzzword” phrases that families can connect with: “Drop the Drama,” “Remember to Breathe,” “Be mindful.” Focus on positive phrases that teach parents what to do, instead of focusing on the negative. Identify support groups and resources that are happening and use those forums more productively.
	<ul style="list-style-type: none"> • At our January meeting, we will make decisions about what we will do next for each of our work groups. We will begin to delegate tasks to group members as well as collecting information (flyers, meeting dates, handouts) to learn about what is already going on!

V. Next Meeting	
Discussion Points	<p style="text-align: center;">Please save the date for the next meeting of the EAHS Coalition: December 8, 2017 9:00 am- 11:00 am The Cuyahoga County Board of Health 5550 Venture Drive Parma, OH 44130</p>
Conclusion/Actions	<ul style="list-style-type: none"> • If you would like to host a future meeting of the EAHS coalition, please contact Camille Verbofsky at 216-201-2001 x 1514, or ccearlyages@gmail.com • If you have a program, event, or initiative that you would like to present to the coalition as a Member Update Agenda item, contact Camille at ccearlyages@gmail.com , 216-201-2001 x1514.

Minutes Prepared by: Camille Verbofsky