



Early Ages Healthy Stages Coalition January Meeting Minutes

Date: January 13, 2017

Time: 9:30 am- 11:00 am

Location: Warrensville Heights Public Library

I. Welcome and Introductions	
Discussion Points	<ul style="list-style-type: none"> We welcomed quite a few new faces from various backgrounds. Welcome to EAHS, our work grows stronger with each new person, experience and idea!
Conclusion/Actions	<ul style="list-style-type: none"> Thanks to all of you who are going the extra mile to recruit new members. Keep up the great work!

II. Coalition Updates	
Discussion Points	<ul style="list-style-type: none"> OHP trainings are underway and we have already scheduled all of the trainings for Spring 2017. Thank you to Early Childhood Options for recruiting so many family child care home providers to OHP. We are lucky to be on your team! Camille is offering parent night talks for centers and organizations on healthy eating, active play, and steps for lead prevention. Currently, we can do one parent talk a month for current OHP and/or EAHS centers and homes. If you are interested, contact Camille to get on the schedule. The time has come to start planning for summer events. If you have a summer event that you would like Early Ages Healthy Stages to participate in, let us know so that we can start planning. If we get enough interest in summer community events, we will get an ad hoc work group started in May/June. Alison Patrick presented some great news: Our application to the Mt. Sinai Health Care Foundation was funded for the next 3 years. We will have until March of 2020 to make an even bigger impact! Mt. Sinai was very impressed with all that we have accomplished so far, and is looking forward to seeing all that we can do. 4 specific initiatives were funded: <ul style="list-style-type: none"> Expansion of OHP through partnerships with other agencies and organizations that support ECE providers

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	<ul style="list-style-type: none"> ○ 2 strategies from our strategic planning for EAHS. ○ “Health Champions- a new idea that will support ECE providers to become the go-to health resource person in their community. This program will include training, technical assistance, and a stipend for providers that participate. This pilot will fund 6 ECE providers to become official Health Champions in your community. ○ Presentations at state and national conferences to highlight the innovative work that we are doing.
Conclusion/Actions	<ul style="list-style-type: none"> ● We will reserve day time OHP training in July and August for centers that are already involved in EAHS. Call Camille ASAP to schedule dates if you are interested! ● We can’t express enough gratitude for the Mt. Sinai Health Care Foundation’s support. Thank you for being Health Champions for our communities and children. ●

III. Early Ages Healthy Stages Website	
Discussion Points	<ul style="list-style-type: none"> ● For the past 6 months, we have been working hard behind the scenes to put together a website that would be both informative and useful for our providers and community. ● At our March meeting, we did a soft launch of the new website. The website earlyageshealthystages.org will go totally live on March 31st. In the meantime, please feel free to use the staging website at: http://c12.6be.myftpupload.com/ ● Some of the highlights of the new site include: <ul style="list-style-type: none"> ○ Organization and provider spotlight of 2 different EAHS members each month. ○ Local resource guide where agencies, organizations, and providers can submit resources for our different priorities. ○ An interactive calendar where you can search for early childhood wellness events, meetings, and trainings based on your interests. ○ A breakdown of our strategic planning goals, objectives and activities to hold us accountable for what we plan to do! ○ An up to date list of Ohio Healthy Programs by zip code.
Conclusion/Actions	<ul style="list-style-type: none"> ● Please check out the website and help us improve the content. If you have a newsletter that you would like to share on our “news” page, let us know!

IV. EAHS Strategies Review

Discussion Points	<ul style="list-style-type: none"> • We have been working hard since November and are finally at the point where we have our chosen strategies to create change! Over the past few months, we have been identifying root causes, local conditions, and strategies to change the local conditions. Our strategies are for our 5 Priority Issues: healthy foods, active play, family engagement, social emotional health, health care access. The strategies to support ECE providers will fall under the “Health Champions” program. • The Logic Models for all 5 Priorities are attached to this email. Also, we compiled all of the strategies across the 5 Priorities into 15 strategies (some of the strategies chosen were the same or similar for multiple priorities). That list is also attached.
Conclusion/Actions	<ul style="list-style-type: none"> • Camille has been working to add data to support our observations. If you are able, and have data, please add it to the Logic Models. A Google Doc version of all of the files is available here: https://drive.google.com/drive/folders/0Bz_iWdwWt0wvWWxoMHhoNGRVSiA?usp=sharing OR feel free to add your data to the attached files and email them to me. Any support for this process is GREATLY appreciated.

V. Group Work: Bringing Strategies to Life	
Discussion Points	<ul style="list-style-type: none"> • We finished our meeting with some group work. Now that we have our strategies, it is important that we take time to plan how we will bring them to life: What is our goal for doing this strategy? What is the intended outcome? What steps do we need to take to get to this outcome? When will this be accomplished? How will we know we are successful? • These are important questions to ask so that we can make sure that we are all on the same page, and that we are holding ourselves accountable for what we say that we are going to do! • We broke up into small groups, with each group working together to operationalize our strategies. We did not finish and decided to make time at the next meeting to work more on the strategies.
Conclusions/Actions	<ul style="list-style-type: none"> • We will continue this activity at our next meeting in April! Please save the date for April 21 so that your opinions and ideas can be included in our Plan for the next 3 years!

VI. Member Updates	
	<ul style="list-style-type: none"> • Shari Nacson, Caring Cubs, will be speaking at Family Connections as part of their Speaker Series. Her talk, "Raising Kids Who Give Back: The Benefits of Family Volunteerism" will be on Thursday, March 16 at Shaker Family Center (19824 Sussex Rd, Shaker Heights, 44122). To register, follow: http://familyconnections1.org/events/index.php http://familyconnections1.org/Downloads/Speaker%20Series%20March%202017.pdf • Abbie Klein, Starting Point, will be coordinating a "March into Kindergarten Question and Answer Session" on March 24, at CMSD East Professional

	<p>Building (1349 East 79th Street, Cleveland) from 1-2:30. Please share with your families who are getting ready for kindergarten. More information is on the attached flyer.</p> <ul style="list-style-type: none"> • Cheryl Johnson, Education With Imagination Child Development Center, is hosting a food bank distribution April 22 from 1-3 at their site, 12002 Miles Avenue, Cleveland, 44105. If you are able to volunteer your time distributing food to children, families and the community, let Camille know and we will all meet up! • LesleyAnne Roddy, OSU Extension, informed us of a program she is holding for new or expectant mothers. If you are interested in this program, contact LesleyAnne at roddy.55@osu.edu • Available to new (within 18 months) or expectant moms. We have been awarded grant funding to conduct nutrition education and promotion of fruits and vegetables among low income/limited resource mothers. We designed a 6 week program based on nutrition for pregnancy and new moms, choosing and using fresh fruits and vegetables, and preparing baby food from fresh ingredients in the home. We have completed a pilot stage with the Neighborhood Family Practice and would like to expand it to other sites. I am looking for a few places that have a group of new or expectant mothers who would be interested in participating in this program or a site that would be invested in offering it to their clients, along with the space to teach. All participants receive \$40 in farmers' market vouchers, an immersion blender, cooking utensils, and a baby food cook book at different stages throughout the 6 weeks. • Joan Spoerl shared a video from a recent event from the Literacy Cooperative- "Thirty Million Words: Building a Child's Brain. You can access a link to the video here: https://www.youtube.com/watch?v=_ASSvCyeD0Y&feature=youtu.be
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VII. Next Meeting	
	April 21st 2017 from 9-11 am East Cleveland Public Library 14101 Euclid Ave, East Cleveland 44112
	<p>To register for the meeting, use the link or contact Camille at 216-201-2001 ext. 1514 or ccearlyages@gmail.com</p> <p>Sign Up Link: http://www.signupgenius.com/go/30e054ba9a62ca6f85-eahs5</p> <p>The Library will be closed to the public but open for us! Please park in the back of the building and enter through the back door.</p>

Minutes Prepared by: Camille Verbofsky