



Early Ages Healthy Stages Coalition February Meeting Minutes

Date: February 10, 2016

Time: 9:00 am- 11:00 am

Location: Nestle Professional, Solon

I. Welcome and Introductions	
Discussion Points	<ul style="list-style-type: none"> • Welcome new EAHS members! February was one of our best attended meetings with over 40 active members, and many new faces. Thank you all who spread the word about EAHS by reaching out to and inviting others from your communities. • We went around the room and introduced ourselves. Thirty different organizations across North East Ohio were represented! • Jodi Mitchell, Nestle, welcomed the group to the space. Jodi explained Nestlé’s role as the co-chair for the Institute of Medicine, Roundtable on Obesity Solutions CEO Innovation Collaborative. In the collaborative Nestle leadership works to engage businesses around children’s health initiatives. The Collaborative has identified Cleveland as a key city for creating innovative and meaningful work, in partnership with other North East Ohio businesses.
Conclusion/Actions	<ul style="list-style-type: none"> • Thank you Jodi for arranging the meeting accommodations, and to Nestle for providing the room, food and COFFEE in kind. • If you or your organization has meeting space and would like to host future meeting, please contact Camille.

II. International Chef’s Day and Art on A Plate, Nestle	
Discussion Points	<ul style="list-style-type: none"> • Representatives from Nestle presented on their efforts to celebrate National Chef’s Day with school aged children. The program Art on a Plate was created for International Chef’s Day in partnership with Nestle Professional, Nestle Healthy Kids, and the World Association of Chef’s Societies. In 2016, children from 84 countries took part in the Art on a Plate Program to get excited about cooking healthy food. • Locally, Nestle chefs partnered with the Boys and Girls Club of Greater Cleveland and taught healthy eating activities in the classroom. They even tied the program into the large urban-farm that older youth manage as one of the Boys and Girls Club initiatives. • International Chef’s Day 2017 is on October 20. Many of our coalition members who are directly involved in early care and education were excited to celebrate

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	International Chef's Day this year with their children and families. Our coalition members who represent organizations focused on healthy food also thought that there would be opportunities for future collaboration about this event.
Conclusion/Actions	<ul style="list-style-type: none"> • Links to more information about International Chef's Day and Art on a Plate can be found below. <ul style="list-style-type: none"> ○ http://www.nestle.com/asset-library/documents/nutrition_health_wellness/art_on_a_plate_links_final.pdf ○ http://www.nestle.com/media/news/international-chefs-day-2016-art-on-a-plate

III. Perfectly Imperfect Produce- Ashely Weingart, Weingart Produce	
Discussion Points	<ul style="list-style-type: none"> • New coalition member Ashley Weingart presented to the group about Perfectly Imperfect Produce, an initiative of The Forest City Weingart Produce Company. Weingart Produce is a local produce wholesale company that started in 1900 and is located in the Central Neighborhood of Cleveland. They are also a family-owned business. • Since last year, Ashley and her family have been learning more about the problem of food waste in this county. Ashley estimated that our County wastes enough food in one day to fill all of Browns stadium! As they were thinking about food waste, they also couldn't help but recognize that many residents in the Central and other Cleveland neighborhoods live in food deserts, with little access to fresh produce. • This led them to the idea for Perfectly Imperfect Produce. Some of the food that they get as a wholesaler never makes it to the shelves. Grocery stores don't know how to sell a multi-colored pepper, so that pepper gets passed over for not being perfect. We know that imperfect food still tastes great and offers the same nutritional value. So they began boxing up the imperfect produce and offering at a discounted price- 40% to 50% below grocery prices. • Perfectly Imperfect Produce boxes cost \$15 for a small box and \$25 for a large box. You can pick up the box for free at their Central location, or have it shipped to you for \$5. They also accept SNAP benefits. Each box includes a recipe. • They are also looking to partner with other agencies and organizations for new distribution sites. The goal is to reach many families in need. Many of our ECE coalition members were interested in setting up their center or using a library as a distribution site. • Ashley also offers a program called "From Seed to Spoon" where she can come into the ECE classroom and teach the children about where healthy foods come from, how to eat, and prepare them.
Conclusion/Actions	<ul style="list-style-type: none"> • Site administrators and other organizations interested in setting up a distribution site will contact Ashley directly. Camille will be in contact to provide support as needed. • There may be opportunities to include "Seed to Spoon" programming into the Farm to ECE, Harvest of the Month work that Alison is doing too! She will follow up with Ashley to continue this partnership. • There are also opportunities to volunteer with Ashley! • More information about Perfectly Imperfect Produce is attached to this email

	<p>and on their websites: www.forestcityweingart.com www.perfectlyimperfectproduce.com</p>
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IV. Feed Our Future, Farm to school and ECE in Cuyahoga County- Alison Patrick, CCBH

Discussion Points	<ul style="list-style-type: none"> Alison Patrick presented to the coalition about her work in Farm to School and Farm to ECE in Cuyahoga County. Farm to School and ECE has been active in Cuyahoga County since 2011. The Board of Health received a grant to partner with the South Euclid/Lyndhurst school district and a local farm. They have had “meet the farmer” day at school, incorporated local produce into their meals and salad bars, and increased marketing and information to kids and families. Alison showed us that Farm to School had multiple components that include purchasing local food, farming, gardening in schools and communities, and food education. Recently, the state of Ohio has placed more emphasis on Farm to ECE. Some of our local organizations will be looking to secure state funding, and we could be the perfect place to implement Farm to ECE work. We have lots of expertise in gardening and food education in particular. Alison then showed us the new brand for Cuyahoga County Farm to School/ Farm to ECE initiatives. The brand is called “Feed Our Future: Local foods for growing minds.” The brand and the education that comes with it are meant to help students realize that they have choices about what they eat and that those choices affect their bodies and well as their communities. The intention of the program is the transform why we eat. Coalition members noted that there are many opportunities for us to incorporate Farm to ECE into programming. We liked the idea of a Harvest of the Month with lesson plans. Ashley Weingart added that the “From Seed to Spoon” program could be used for Farm to ECE as well. We made note that if/when we take on Farm to ECE, we would like to make sure that it is integrated into what we are currently doing with gardening, and not in competition with other programs. We want to support our members from within and make sure that we are using these opportunities to bring local successes to scale.
Conclusion/Actions	<ul style="list-style-type: none"> Alison will follow up on grant funding announcements and other efforts as the brand moves forward. Since gardening was one of the local condition and strategies identified in our strategic planning, we can use this momentum at the state level to boost interest and funding for our work. As we get into our strategies, we might want to add a work group for local food/ food access work to our team.

V. EAHS Updates

	<ul style="list-style-type: none"> Evening Session 1 (four part training) is completely filled for this year! There are plenty of spaces available if you would like to get your teachers trained to become an Ohio Healthy Program. Current OHP sites must have one teacher from each age group trained in order to renew their designation. Session 2 and 3 are also scheduled for menu planners and administrators. There is availability for Camille to come to your center to do training during the day time. Please call 216-201-2001 x1514 to book day time training. First
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	<p>priority will be given to EAHS member sites!</p> <ul style="list-style-type: none"> • The Strategic Plan draft AND website will be ready for our March meeting. Mark your calendars! • We piloted a parent night presentation about Lead Safety with Robbie Willis and Cassandra Thompson in Cleveland Heights with good success. Camille has limited availability to do a similar talk with different organizations for the time being, so call if you are interested to book in advance. • We will be looking for data/research to support our Strategic Plan. If you are a data person and would like to help out, please contact Camille. • Sara Continenza from Whole Vision is working on a school gardening project with Glenville schools and is looking to get the community involved. If you are near Glenville and interested in doing some intergenerational gardening, contact Sara at: sara.continenza@gmail.com! • Cheryl Johnson, administrator at Education with Imagination CDC hosts a Food Bank produce distribution on the 4th Wednesday of every month from 1-4 pm. They are always looking for volunteers to help them distribute the 4,000 lbs. of produce! If you have any healthy information for families, they would be welcome to be distributed as well. Education With Imagination is located at 12002 Miles Ave, 44105, 216-471-8669. Feel free to contact Cheryl or Camille with any questions.
<p>Next meeting:</p>	<p>Please save the date for the next meeting of the EAHS Coalition:</p> <p style="text-align: center;">March 10, 2017 From 9:00- 11:00 am Location change: Cuyahoga County Board of Health 5550 Venture Drive Parma, 44130</p>

Minutes Prepared by: Camille Verbofsky