



Early Ages Healthy Stages Coalition Coalition Kickoff Meeting

Date: April 8, 2016

Time: 9:00 am- 11:00 am

Location: Children’s Museum of Cleveland

I. Welcome and Introductions	
Discussion Points	<ul style="list-style-type: none"> • Camille Herby welcomed the group to the second meeting of the EAHS coalition. Thank you to Maria Campanelli and the Children’s Museum of Cleveland for hosting us! • The outputs from the Capacity Building activity were available at registration and are attached to this email. Coalition member ideas from the brainstorming session were compiled and sorted based on the objectives and strategies of the Wellness Plan. Overall, we have many skilled coalition members working on programs in all of the domains. Our strongest domains were Physical Activity and Healthy Eating. Our domains that had the most opportunities to improve were Infant Feeding and Family Engagement. Also, according to the notes from participants, we are very rich in resources but need to think about a better way to make our community programs and resources available and affordable for all. • About 20 Calls to Action have been submitted! A copy of the Call to Action is attached. You may also use the following link to complete it online: www.surveymonkey.com/r/EAHSCalltoAction. The Calls to Action are in no way a commitment in which we will hold you accountable, they are simply a tool to help the coalition gain a better understanding of member interests and availability.
Conclusion/Actions	<ul style="list-style-type: none"> • If you have anything to add or edit to the Capacity Building output, please send your notes to Camille. This is meant to be a living document to help us think strategically about our efforts. • Please fill out your Call to Action using the link above!

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II. Coalition Member Update: Children’s Museum of Cleveland	
Discussion Points	<ul style="list-style-type: none"> • Maria Campanelli from the Children’s Museum of Cleveland spoke to the coalition about the plans for the new museum location in Midtown Cleveland. • Maria discussed the goals of the Museum in becoming a true “children’s museum for all.” The new location will allow guests to enjoy more parking and larger spaces for play and active learning. Each room has a theme and design that is developmentally appropriate for children of specific ages. The new design will increase access to children who are differently-abled. In addition, the larger space will allow the community to highlight that the Museum is available to children and families, regardless of income. • Maria mentioned that the strategic location of the new Museum lies within walking distance to many early childhood-centered organizations. She (along with many of us in EAHS) hopes that this area of Midtown can soon become the “Early Childhood Corridor” of Cleveland. • Staff members from the Museum were there to display drawings and answer questions related to each of the specific exhibits. We made time to do a gallery crawl so that coalition members could ask questions and provide feedback related to the exhibits.
Conclusion/Actions	<ul style="list-style-type: none"> • Maria and the staff at the Children’s Museum of Cleveland are interested in working with community partners to discuss how the museum can be utilized by agencies and child care providers to its fullest potential. If you have ideas or would like to provide feedback about how your center, home, or organization plans to use the Museum as a place for creative, active play, please contact Maria Campanelli at mcampanelli@clevelandchildrensmuseum.org.

III. Defining Community Presentation	
Discussion Points	<ul style="list-style-type: none"> • Camille Herby presented to the group about the need to define our community before we think about assessing it, and definitely before we think about creating opportunities for change. • We spent time deconstructing the vision statement of the coalition to learn about our WHO (children ages birth to 5), WHAT (opportunities to establish healthy lifestyles), WHERE (Cuyahoga County), and HOW (supporting policies and practices). • We learned that the “denominator” refers to the number of people that we are trying to reach through our program as our bottom line. Our denominator is over 70,000 children. It is important that as a coalition, we begin to think beyond programming and into working collaboratively to change policies, systems, and structures. • For EAHS, we will think about policies, systems, and structures as: <ul style="list-style-type: none"> ○ Policies: Working with childcare centers, family care home and

	<p>other agencies to implement policies that improve health.</p> <ul style="list-style-type: none"> ○ Systems: Creating networks between gatekeepers and other key resources in the community. Changing the mentality of “how we do things around here.” ○ Structures: Making sure that the healthy choice is the easy choice through advocacy and legislation. Altering physical environments to make health accessible to all. <ul style="list-style-type: none"> ● We also learned about communities that exist within our communities and the responsibility that coalitions have when working with the communities that they serve. Sustainable coalitions are about making room at the table for all community members. The best coalitions are founded on the belief of, “not for us without us,” and are not only inclusive, but take extra precaution not to speak for those not yet present in the coalition. We talked about three different types of communities within communities: <ul style="list-style-type: none"> ○ Communities of place: Communities that share a common boundary, not always those that are on the map (i.e. East side, West side). ○ Communities of experience: A group of people that share a common experience (i.e. Refugee communities, LGBTQ communities) ○ Communities of interest: A group of people that share a common interest (i.e. cycling community, communities of faith)
Conclusion/Actions	<ul style="list-style-type: none"> ● The PowerPoint presentation is attached for your reference. Please let Camille know if you have any questions or follow up comments.

IV. Defining Community Breakout Session	
Discussion Points	<ul style="list-style-type: none"> ● Members of the coalition broke out into small groups based on the region of Cuyahoga County with which they most identify. Members who represent agencies or organizations were asked to either choose the part of the County that they feel is home, or choose one or more parts that they work with most closely. ● The regions were as follows: Cleveland city- east, Cleveland city- west, East Suburbs, West Suburbs, South Suburbs. ● Participants were asked to work together to complete the defining community prompts. The prompts asked participants to think about the communities within communities, resources, areas for opportunity, and persons to get involved, within their chosen region. (A copy of the prompt is attached to this email).
Conclusion/Actions	<ul style="list-style-type: none"> ● All of the groups worked hard to answer the prompts. As a result, we have a great list of people that we need to contact to build our coalition in a way that is representative of all of the communities that we serve. The output from our work is attached to this email for you to review. ● <i>Special thanks to Erica Chambers</i> from HEAL MetroHealth, who taught us about the value of referring to “<i>areas for opportunity</i>” as a way to re-

	<p>frame the way that we think about barriers in our communities!</p> <ul style="list-style-type: none"> • Now we know who to contact and need your help! If each of us takes a minute to review the list of people to contact and chooses one person to recruit for our next meeting, we will build capacity in no time! Coalitions work best when we work strategically and together. I challenge everyone to take a few minutes and do some outreach over the next few weeks!
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V. General Updates	
Discussion Points	<ul style="list-style-type: none"> • Early childhood health and wellness materials for family engagement are available to order at no cost to coalition members. The materials order form is attached to this email. Please return it to Camille by either fax or email. • Cleveland Association for the Education of Young Children is hosting a Candidate Forum focused on early childhood at The Centers for Families and Children, 4500 Euclid Avenue, May 16 from 6-8 p.m. For more information or to register, go to www.clevelandaeyc.org. This is a great opportunity for us to begin that advocacy component of our wellness plan. Many thanks to Joan Spoerl for sharing this opportunity with EAHS. • In addition to the forum, the national chapter of the NAEYC is working on a campaign called “Early Ed for Pres” which will work to make sure that early education opportunities continue to be a part of the political dialog. For more information on the campaign visit www.earlyedforpresident.org. • Camille has started trainings in the Healthy Children, Healthy Weights program for centers and homes throughout the county. Visit www.occrra.org and search “Ohio Healthy Programs” to find trainings. If you are interested in hosting trainings at your site, please let Camille know and we’ll come to you! • Emia Oppenheim from the Ohio Department of Health will be our guest speaker at the May 13 meeting of EAHS. She will be presenting to us about the many efforts going on at the state-level to improve early childhood health and wellness. This is an awesome opportunity for us to begin to work together with Emia and ODH to make sure that they know all of the great things going on here in Cuyahoga County. Please come prepared with questions and ideas! • The June meeting of EAHS will be devoted to gardening! If you are a gardening expert in your organization, center, or home, and would like to be involved in planning and presenting at this meeting, let Camille know. We are hoping to form a planning group as well!
Conclusion/Actions	<ul style="list-style-type: none"> • Contact Camille or Alison with any questions about the above updates. • If you have any updates or ideas that you would like included in future meetings, email ccearlyages@gmail.com or call 216-201-2001 x 1514 and we will get you on the agenda!

VI. Next Meeting	
Discussion Points	<p>Please save the date for the next meeting of the EAHS Coalition:</p> <p style="text-align: center;">May 13, 2016 9:30 am- 11:00 am Cuyahoga County Public Library- Parma Branch 6996 Powers Blvd. Parma, OH 44129</p>
Conclusion/Actions	<ul style="list-style-type: none"> • Keep an eye out for registration information coming early the week of April 25. • If you would like to host a future meeting of the EAHS coalition, please contact Camille Herby at 216-201-2001 x 1514, or ccearlyages@gmail.com • If you have a program, event, or initiative that you would like to present to the coalition as a Member Update Agenda item, contact Camille at ccearlyages@gmail.com , 216-201-2001 x1514.

Minutes Prepared by: Camille Herby