



Early Ages Healthy Stages Coalition December Meeting Minutes

Date: December 14, 2018

Time: 9:30 am- 11:30 am

Location: CEOGC George Forbes Head Start

I. Welcome back and Introductions	
Discussion Points	<ul style="list-style-type: none"> • Welcome to our 6 newest members! We are so happy to have you a partner of the EAHS work and looking forward to getting to know you better in 2019. • Members were asked to go around and share a personal and/or professional accomplishment they experienced in 2018. • Ms. Evans from CEOGC George Forbes Head Start spoke on the success of the garden grant and offered a tour through the building for any interested members.
Conclusion/ Actions	<ul style="list-style-type: none"> • We had much to celebrate and be thankful for in 2018! We enjoyed marriages, graduations, vacations, pets, grandchildren, babies, pregnancies, new homes and renovations, and met personal health goals. • We also learned that we love our jobs, are passionate about the work we do, achieved program goals, received new funding to support projects, increased enrollment, established new partnerships amongst coalition members, and have new community assets coming online in the coming weeks that will benefit young children and their families in our community.

II. 2018 Progress	
Discussion Points	<ul style="list-style-type: none"> • OECHN Strategic Plan: CCBH staff facilitated the strategic planning process for the Ohio Early Childhood Health Network (OECHN). OECHN utilized the Strategic Prevention Framework in the same way that EAHS did in 2016 to create a community-driven statewide strategic plan. Similar to EAHS, OECHN expanded its health priorities beyond nutrition and physical

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	<p>activity to better support a whole child approach to early childhood health issues. OECHN will be forming working groups in 2019. Garden Grant Highlights: 9 garden grants were awarded in 2018 through a competitive RFP process. Children across the 9 sites had the opportunity to plant, harvest, taste test, take farm field trips, and create art projects about the foods they experienced. The demand for the garden grants far exceeded the capacity of the funding.</p> <ul style="list-style-type: none"> • Health Champions program: Congratulations to our new Health Champions! Our Health Champions attended a full day training on November 17th. The training covered understanding why we do what we do, thinking about the change the Champions want to see in their community, and creative ways to engage families in their project. Over the next few months, the Champions will participate in small group meetings and begin their projects in February. • Ohio Healthy Program (OHP): OHP enjoyed both dramatic growth and success in 2018. Currently 125 programs are designated in Cuyahoga County. OHP programs adopted 400 policies, impacting over 5,000 children and 4,500 families.
Conclusion/ Actions	<ul style="list-style-type: none"> • EAHS members are encouraged to become involved in OECHN. • EAHS will be working to secure additional funding for garden grants. • We, as a group, need to continue elevating the OHP opportunity and recruit additional programs to participate. It makes a difference and it is up to us to continue to bring it to scale in our community. • Education with Imagination not only saw improvements with the children, but also with the teachers and parents, many of whom have lost weight!

III. Looking Ahead: 2019	
Discussion Points	<ul style="list-style-type: none"> • EAHS working groups will look slightly different in 2019. This will allow us to better capture information and understand the ways in which we are all working together. • EAHS will be featured on the national stage! CCBH EAHS staff have been accepted to present at the 10th Biennial Childhood Obesity Conference in Anaheim, CA in July. • CCBH submitted a session proposal at the National Network of Public Health Institutes conference in Washington, DC in May. • CCBH EAHS staff submitted the work of EAHS to the Model Practice Program at the National Association of City and County Health Officials. Award notification is expected in March.
Conclusion/ Actions	<ul style="list-style-type: none"> • Thank you for completing the EAHS Annual Survey! We will be looking at the information over the coming weeks. • Have an early childhood event scheduled in 2019? Send it our way and we will post it to the EAHS website. • We need your help! We are actively trying to update the EAHS webpage and resource guide. • 2019 theme: Chain Reaction. Let's work together to create a chain reaction

	in our community that elevates the importance of early childhood health!
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III. Next Meeting	
Discussion Points	<p>Please save the date for the next meeting of the EAHS Coalition:</p> <p style="text-align: center;">January 11, 2018 9:30-11:30 am Location: TBD</p> <p>Agenda:</p> <ul style="list-style-type: none"> • EAHS working groups • Partner Highlight • EAHS updates
	<p>EAHS is looking for meeting locations for our 2019 meeting dates. If you are interested in hosting please let us know! Please email or call Shayla L. Davis sdavis@ccbh.net/ 216-317-2415.</p>

Minutes Prepared by: Alison Patrick