



Early Ages Healthy Stages Coalition October Meeting Minutes

Date: October 20th, 2017

Time: 9:00 am- 11:00 am

Location: Louis Stokes Head Start

I. Introduction and Member Updates	
Discussion Points	<ul style="list-style-type: none"> • Today we're welcoming a new CCBH employee, Theresa Henderson. Theresa will be working with Ohio Healthy programs and be a regular attendee of our collation meetings! • Congrats to Camille, who submitted an abstract about our coalition work, which was accepted! • Also, a huge congratulations to Veggie U, who had a very successful fundraiser • Head Start's mobile clinic started off the year by seeing 4 families so far (an excellent start!) • The EAHS new 2017 strategic plan is now available on the EAHS website
Conclusion/Actions	<ul style="list-style-type: none"> • Feel free to download and share the EAHS strategic plan with your partners and other agencies!

II. Member Spotlight: Louis Stokes Health Start Success in Farm to ECE	
Discussion Points	<ul style="list-style-type: none"> • Louis Stoke Head Start's garden was recently featured as a success story on OSU extension's newsletter • It started as a project inspired by a preschool class and expanded from there. They now grow an assortment of vegetables, from tomatoes to okra! • Some materials and some labor were donated by grandparents and parents, however Head Start was able to qualify for a \$2,000 grant, which was spend on soil, pots, and plants • The preschoolers and kindergarteners do most of the gardening, which

5550 Venture Drive; Parma, OH 44130
Phone: (216) 201-2001 Fax: (216) 676-1325
ccearlyages@gmail.com

	<p>provides a valuable learning opportunity for them to realize where their food comes from</p> <ul style="list-style-type: none"> • Coalition members were able to take a tour of the gardens during the meeting
Conclusion/Actions	<ul style="list-style-type: none"> • N/A

III. Farm to ECE Updates and Opportunities	
Discussion Points	<ul style="list-style-type: none"> • Cuyahoga County farm to ECE initiative <ul style="list-style-type: none"> ○ The “Feed Our Future” website is now live! ○ We are now in stage 1 of our launch, so we are still working on getting all parts of the website up and running as well as still looking for feedback ○ Posters and customizable “Feed Out Future” logos are available for your organization • Other farm to ECE opportunities and resources: <ul style="list-style-type: none"> ○ Expanded Food and Nutrition Education Program (EFNEP) Free nutrition education program. Call OSU Extension at 216-429-8200 ext. 229 to talk about setting up a partnership ○ SNAP-ED A free nutrition education and obesity prevention program. For more information visit: https://cuyahoga.osu.edu/program-areas/snap-ed, or to get your group involved in this program, call: 216.429.8200 ○ Master Gardeners An OSU extension trained master gardener can visit sites or agencies to help set up gardens, demonstrations, or provide resources. For more information visit: https://cuyahoga.osu.edu/program-areas/master-gardener-volunteers ○ Summer Sprouts Provides soil testing, seeds, starter plants, soil amendments, tilling services, raised bed materials, educational outreach and support to participating gardens. Fill out the application in the link to become a summer sprout garden: https://u.osu.edu/summersprout/files/2016/02/2017-Suburban-new-garden-application-2du6zhn.pdf or contact Courtney Woelfl at woelfl.1@osu.edu
Conclusion/Actions	<ul style="list-style-type: none"> • Take time to look at the new Farm to ECE initiative website! http://feedourfuture.org/ • Take the pledge on the website for farm to table resources at: http://feedourfuture.org/take-the-pledge/ • Contact Allison Patrick at apatrick@ccbh.net or (216) 201-2000 ext. 1513 if you are interested in getting the feed our future posters or the customizable logo • If anyone else has anymore gardening resources, email Camille

	Verbofsky at cverbofsky@ccbh.net
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IV. Coalition Evaluation Update and Workgroup Meeting	
Discussion Points	<ul style="list-style-type: none"> • Since our objectives for our five goals of Health Eating, Healthy Activity, Social and Emotional Health, Family Engagement, and Health Care Access are live on the website and strategic plan, we are looking to develop outcomes for them. Our intern, Priya, presented on potential outcomes for each stated objective in our strategic plan. • The outcomes will be available on the powerpoint attached separately
Conclusion/Actions	<ul style="list-style-type: none"> • We broke out into groups to review and discuss the suggested outcomes to track our progress in meeting our objectives. Members suggested additional outcomes to measure and changes to be made. • Priya will take these into consideration and add them to the strategic plan on the EAHS website

V. Next Meeting	
Discussion Points	<p>Please save the date for the next meeting of the EAHS Coalition: November 18, 2017 (Third Friday in November) 9:00 am- 11:00 am The Greater Cleveland Food Bank 15500 South Waterloo Road Cleveland, Ohio 44110</p>
Conclusion/Actions	<ul style="list-style-type: none"> • If you would like to host a future meeting of the EAHS coalition, please contact Camille Verbofsky at 216-201-2001 x 1514, or ccearlyages@gmail.com • If you have a program, event, or initiative that you would like to present to the coalition as a Member Update Agenda item, contact Camille at ccearlyages@gmail.com , 216-201-2001 x1514.

Minutes Prepared by: Priya Nalluri