



## Early Ages Healthy Stages Coalition January Meeting Minutes

Date: January 13, 2017

Time: 9:30 am- 11:00 am

Location: Warrensville Heights Public Library

<b>I. Welcome and Introductions</b>	
<b>Discussion Points</b>	<ul style="list-style-type: none"> <li>• Happy New Year! Thanks everyone for all of the time and energy that you have contributed to the health and wellness of young children and their families in 2016.</li> <li>• We welcomed quite a few new faces from various backgrounds. Welcome to EAHS, our work grows stronger with each new person, experience and idea!</li> </ul>
<b>Conclusion/Actions</b>	<ul style="list-style-type: none"> <li>• n/a</li> </ul>

<b>II. Coalition Updates</b>	
<b>Discussion Points</b>	<ul style="list-style-type: none"> <li>• OHP trainings are underway and we are already exceeding our goals by reaching new centers and homes! If you would like to schedule training let us know!</li> <li>• On January 25, there will be a webinar on CACFP new requirements coming in October. Almost all of the changes reflect the Ohio Healthy Programs menu requirements, so if you are Ohio Healthy you will be ready for the changes. See handout for registration. Camille will send along any attachments that are included in the presentation.</li> <li>• If you are looking for any last minute volunteer opportunities in honor of Martin Luther King Jr. Day, there are spots available on Sat. Jan. 14, and Mon. Jan. 17<sup>th</sup>. Hope to see some of you there!</li> <li>• Our colleagues in Creating Healthy Communities have been working with Euclid residents to open a full-service Simon Supermarket Grand Opening on Feb 4<sup>th</sup> at 12 pm. This is a great win in the battle against food deserts! There will be prizes and giveaways; please pass along the attached flyer to any interested children and families.</li> <li>• More lead information is coming soon! The flyers are going to print and will be available for our March meeting.</li> </ul>

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	<ul style="list-style-type: none"> <li>• If you know of, or work for, a local resource that should be featured on our website, please submit the attached Local Resource Form to Camille.</li> <li>• We have submitted a funding application to Mt. Sinai Health Care Foundation to continue the work of EAHS. THANK YOU to Mt. Sinai's staff and Board for all of your support thus far, and for considering our application.</li> </ul>
<b>Conclusion/Actions</b>	<ul style="list-style-type: none"> <li>• If you have any volunteer opportunities that might be of interest to the coalition, please let us know. We are looking forward to more opportunities to support one another in word and in action this year.</li> <li>• If you have a program or initiative that you would like to be featured in the provider/organization spotlight, contact Camille at <a href="mailto:cverbofsky@ccbh.net">cverbofsky@ccbh.net</a></li> </ul>

<b>III. Strategic Planning: Choosing Strategies to Create Change</b>	
<b>Discussion Points</b>	<ul style="list-style-type: none"> <li>• At our December meeting, we worked briefly on defining root causes and local conditions for our 6 priority issues (healthy eating, active play, family engagement, social emotional needs, health care access, ECE support). <ul style="list-style-type: none"> <li>○ Root causes, are the evidence-based, factors that lead to a community problem. i.e.- "Community norms are not favorable to healthy eating."</li> <li>○ Local conditions are factors that more specifically describe what the problem looks like in our community i.e. "Community norms are not favorable to healthy eating because healthy foods programs are not appealing to all cultures/communities AND communities lack local gardens that are geared toward young children and families."</li> </ul> </li> <li>• Each small group focused on one issue and made sure that all ideas were represented and that local conditions were accurate.</li> <li>• Small groups then choose strategies to change the local conditions to the positive. Our coalition will use the following evidence-based strategic methods to create community change: <ul style="list-style-type: none"> <li>○ Provide information, enhance skills, provide support, change access, change consequence, change physical design, and modify policies.</li> </ul> </li> <li>• At the conclusion of the session, each group shared their strategies with the large group whom critiqued the ideas and contributed supporting expertise.</li> </ul>
<b>Conclusion/Actions</b>	<ul style="list-style-type: none"> <li>• We came up with some GREAT ideas and really worked together to develop some good strategies.</li> <li>• The interpreted logic models are attached. Please review them and provide any and all feedback to Camille. All ideas are greatly appreciated.</li> <li>• Over the next month, Camille will be looking for data/research to support</li> </ul>

	our observations. If you have data/research that would support any of our local conditions (i.e.- where food deserts are located) or strategies (i.e. research on similar successful strategies) please let me know!
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**IV. Group Brainstorming: Ideas and speakers for future meetings**

<b>Discussion Points</b>	<ul style="list-style-type: none"> <li>We spent the last few minutes collecting ideas about topics and future speakers at upcoming meetings.</li> <li>Suggestions included: lead, early childhood dental health, Dr. Robert Needlman of Case Western Reserve/Reach Out and Read, and information about possible collaborations with Cleveland Rec Centers, Metro Parks</li> </ul>
<b>Conclusion/Actions</b>	<ul style="list-style-type: none"> <li>Thank you to Victoria Davis of Mom’s First for connecting us with Cleveland Recreation Department! We look forward to working with them at upcoming meetings.</li> <li>Camille will follow up with other ideas.</li> <li>If you have an idea for a speaker or topic, let us know and we can get them added to a future meeting!</li> </ul>

**V. Next Meeting**

<b>Discussion Points</b>	Please save the date for the next meeting of the EAHS Coalition: February 10, 2017 (Friday) 9:00 am- 11:00 am Nestle Professional- Solon
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**Minutes Prepared by: Camille Verbofsky**